What's the deal with UX Research anyway?

Dalia El-Shimy

Senior UX Research Manager

miro

A bit about me...



Hi

- Took this course in 2008, and TA'd it from 2009-2014
- Studied with Jeremy at the Shared Reality Lab and CIRMMT
- Earned my PhD in 2014
- Started as Shopify's first UX
 Researcher in Montreal in 2014
- Built the discipline in Montreal, and oversaw growth of the team from 5 people to 6@+ across all offices
- Started at Miro in June 2021





Where distributed teams get work done

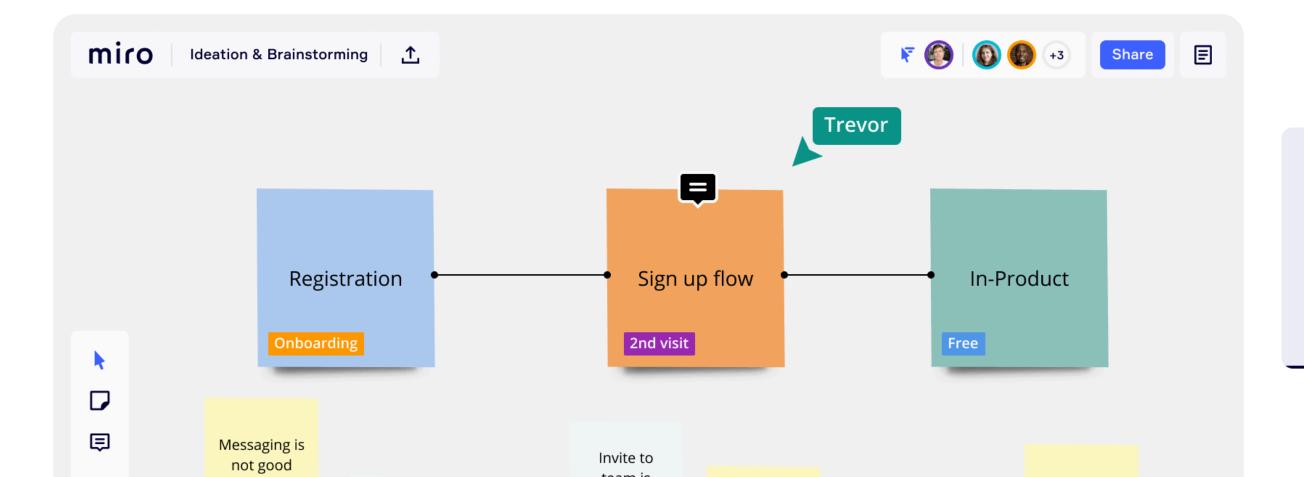


The online collaborative whiteboard platform to bring teams together, anytime, anywhere.

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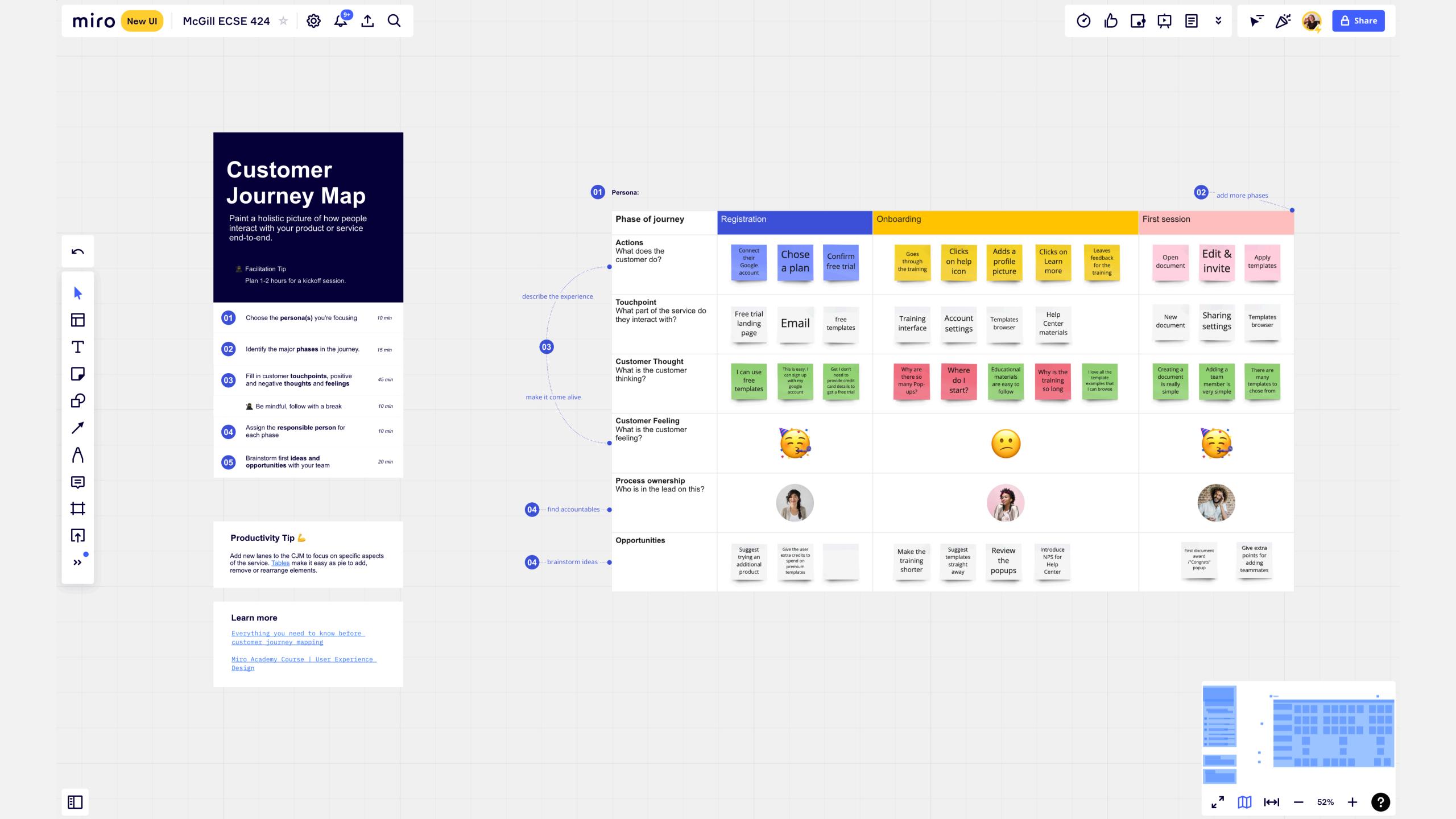


Meetings & Workshops

Ideation & Brainstorming

Build and develop ideas with distributed teams as if you were in the same room, anywhere, anytime.

Research & Design



"product" a lot, but what I mean by that is essentially different types of software that are used by human beings (e.g. websites, mobile apps, game, VR experiences, etc.)

What is user experience research?



User research "focuses on understanding user behaviours, needs, and motivations through observation techniques, task analysis, and other feedback methodologies."

usability.gov



We're just trying to understand human beings, and why they do the things they do.

To do this we collect information.

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And then we spend a bunch of time trying to make sense of this information.

How is this different from other types of research?

- It typically exists within the context of a broader product or process
- Its goal isn't in and of itself simply to gather knowledge
- It's conducted with the purpose of bringing about direct improvement to a process or product
- It focuses on behaviours rather than opinions
- It tends to occur in an iterative manner, rather than a one-off



Why do we do user research?



A few reasons...

- Because we have questions
- Because we want to test our assumptions
- Because we've noted things that require us to gather more context
- Because we want to make things better



There's no such thing as "user research school".

If you're curious about people, and you want to make sense of things (and you're taking this class), you're already on the right path.



Let's talk about where user research comes from



A brief historical overview of user research...

Before 1950s

1950s-1960s

1960s-1970s

1980s-2000s

System reliability phase



How long would it function without failure?

System
performance
phase



How fast can it perform?

User performance phase



How fast can the user perform?

Usability phase



How easy is it to use?

How do we evaluate usability?

Give your target users a series of repeatable tasks, then measure:

- Time to complete
- Task completion rate
- Accuracy
- Error rate
- Satisfaction



"What of technology not for accomplishing tasks but for having experiences, for expressing one's identity, for flirting and arguing and living?"

MacDonald and Atwood, 2013



So we went from taskbased design to experience-based, from user-centered to people-centered, and became known as third-wave HCI.



A brief historical overview of user research...

Before 1950s

1950s-1960s

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1980s-2000s

2000s-Present

System reliability phase



How long would it function without failure?

System performance phase



How fast can it perform?

User performance phase



How fast can the user perform?

Usability phase



How easy is it to use?

User experience phase

The 'user experience' era...

- Personal, social, cloud, mobile computing
- Contexts are broader
- Technology is more pervasive
- Shift from the utilitarian/pragmatic to the emotional/affective



The focus has shifted from evaluating isolated tasks, to understanding where they fit within broader, more complex experiences.



Question #1

What are some examples of interfaces where evaluating tasks might be more important? What about ones where evaluating experiences might be more important?

But how do we measure all this?

We're really good at evaluating tasks, but less so experiences.



"Evaluation has been a dominant theme in HCI for decades, but it is far from being a solved problem."

Kaye et al., 2007



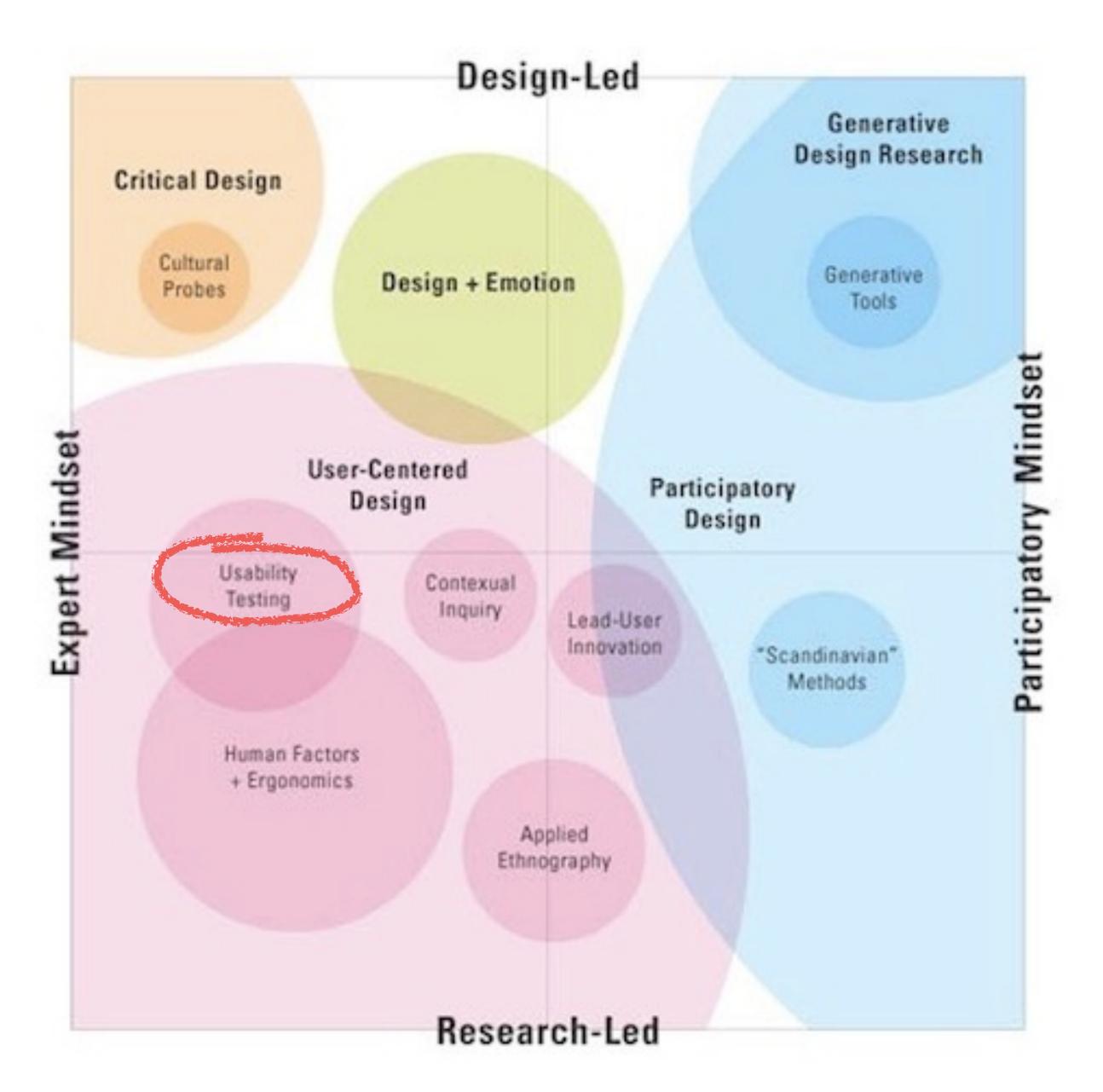
There is no "one-size fits all" method





Let's talk about qualitative methods





http://uxmag.com/sites/default/files/uploads/anderson-richard/sandersdiagram.jpg



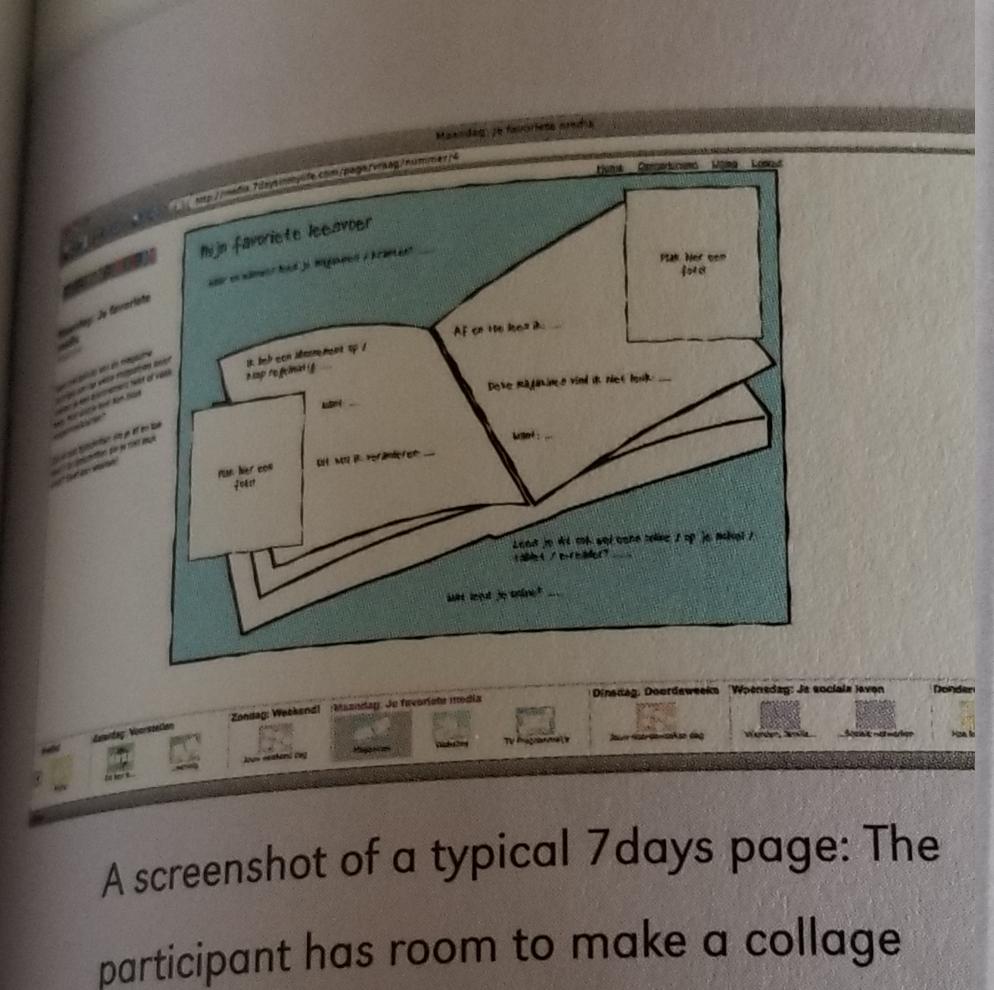




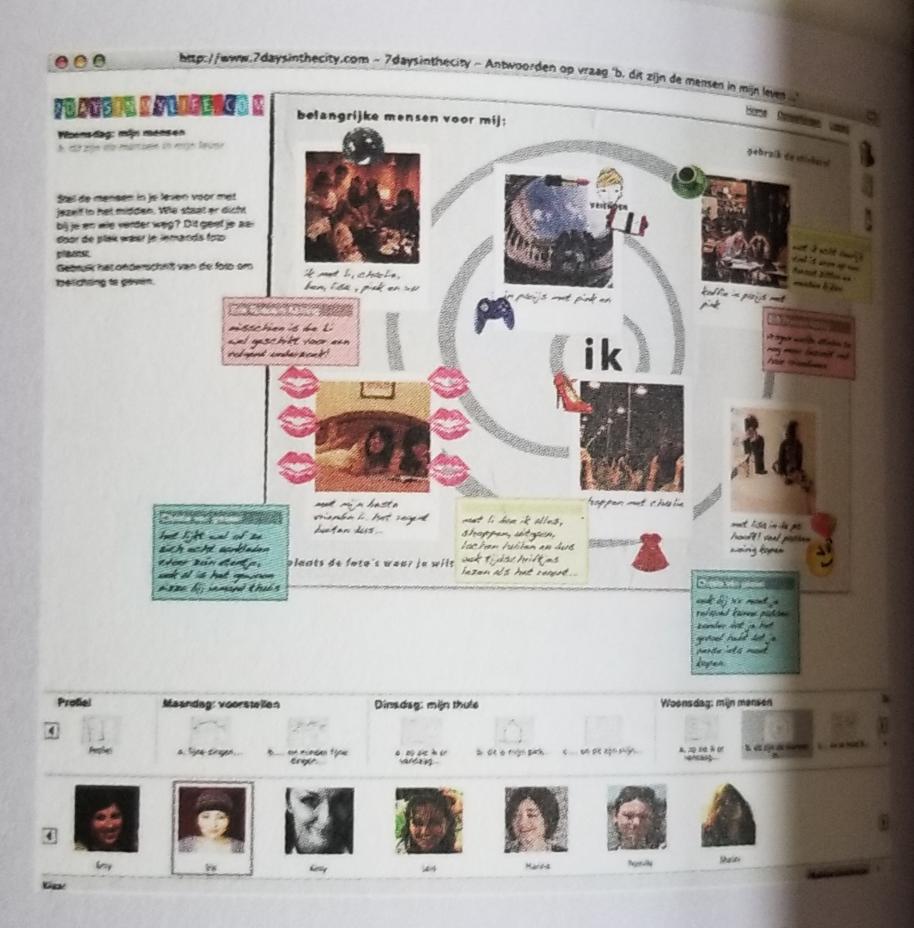
A pilot workbook and tools for preparation, including a disposable camera, pens and stickers (from case 2 in chapter#4).



Different visual styles were used to appeal to the grownup participants (more formal) and for the youngsters (more playful).



participant has room to make a collage of photos and notes, and on the right he can pick icons to use. On the bottom is an overview of the questions.



A screenshot of a 7days page as it is filled in by a participant. The colored post-its are comments made by different members of the research team.

Photos from "Convivial Toolbox: Generative Research for the Front End of Design





different, yet thoroughly realized game theme.



The toolkit included Velcro modeling pieces for participants to express themselves.



Among the toolkit's many components were non-specific, colorful objects, and specific plastic pieces and game parts.

Photo from "Convivial Toolbox: Generative Research for the Front End of Design"

Let's talk about quantitative methods



- 1→ What type of meeting were you in when you launched the Miro app from your videoconferencing software? *
 - It was a one-off planned collaboration session
 - B It was an ad-hoc/spur of the moment meeting
 - c It was part of a regular team ritual (e.g. retrospective, planning, team sync, standup, etc.)
 - Other



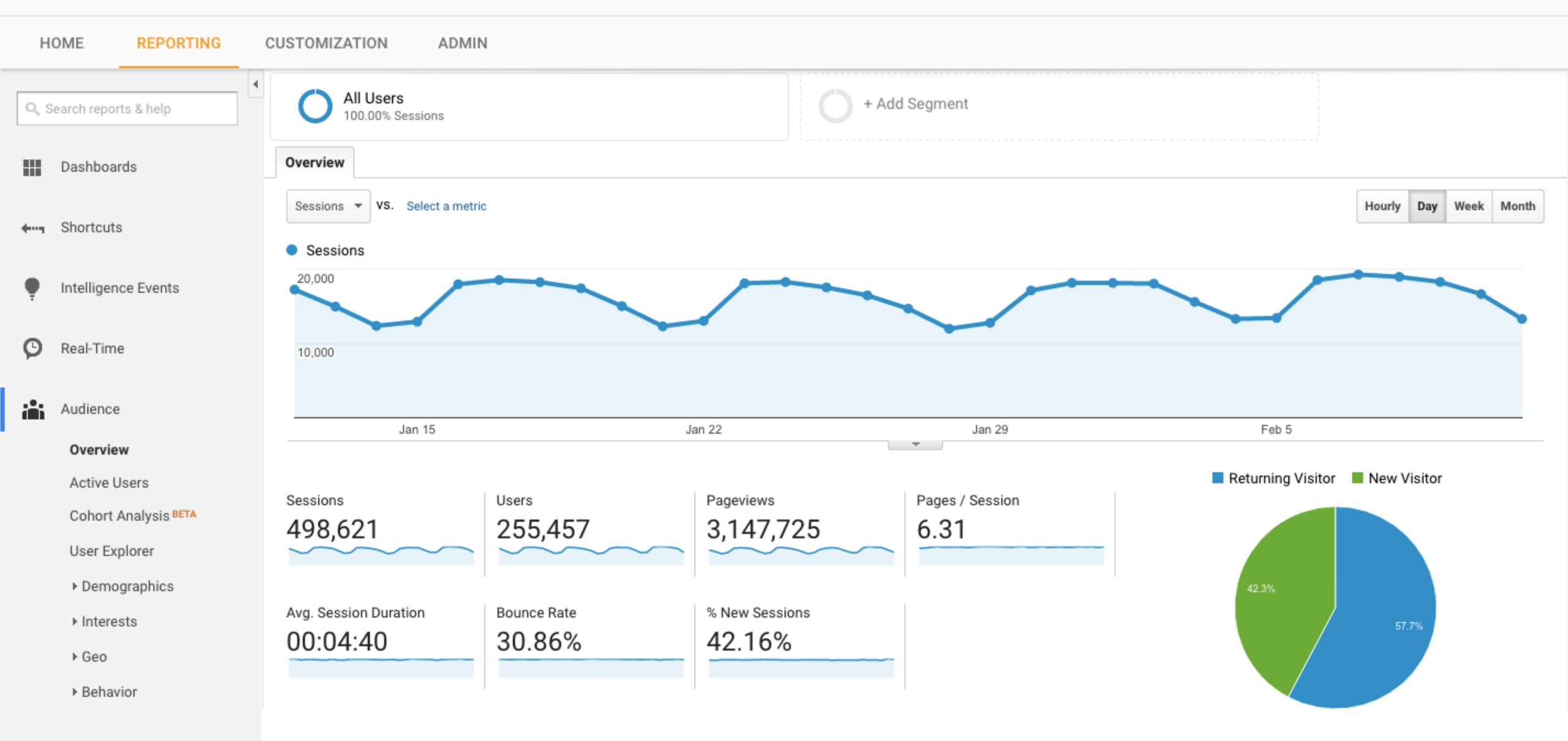


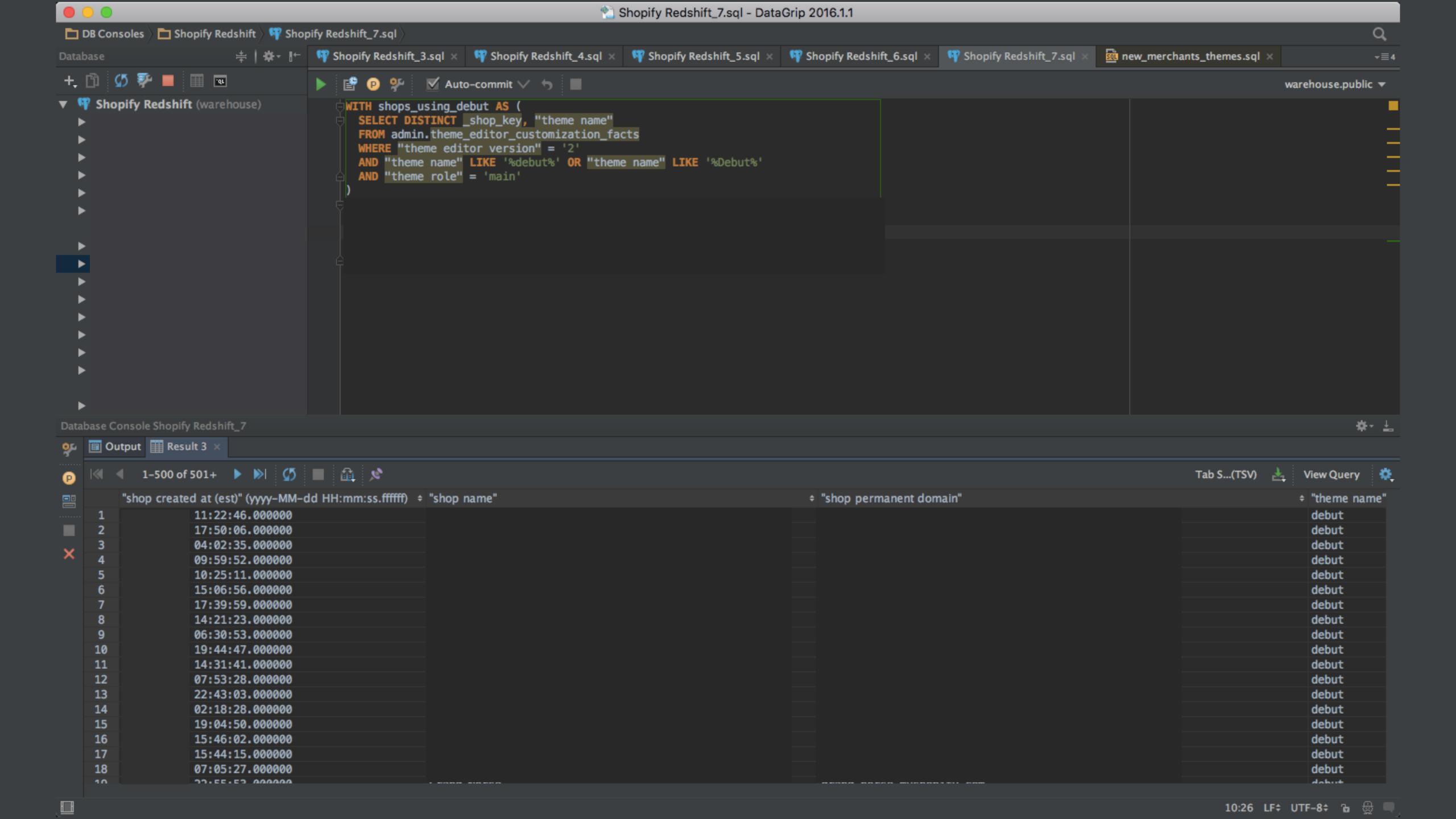






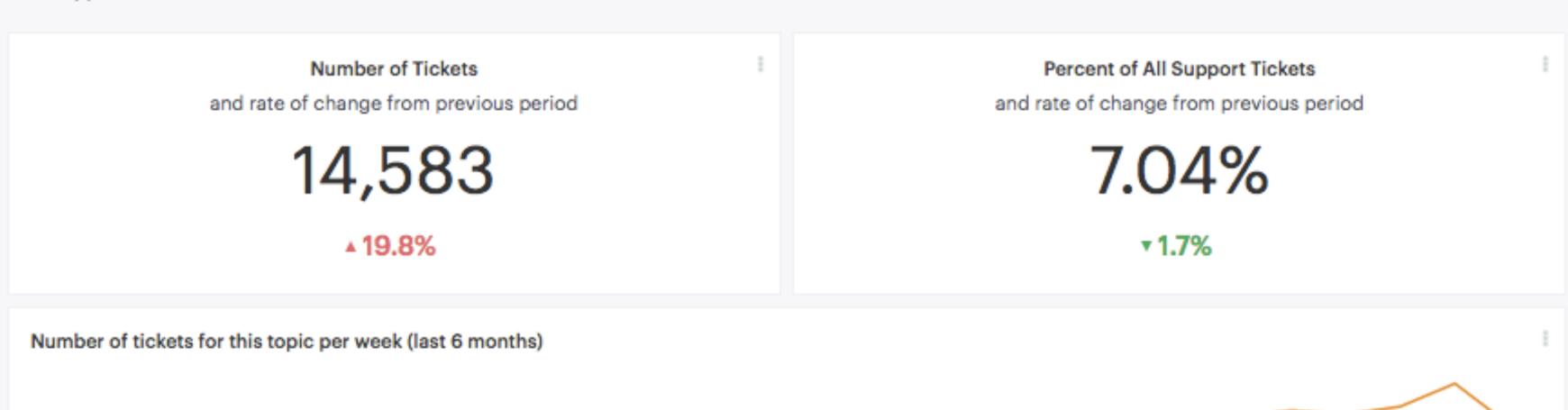


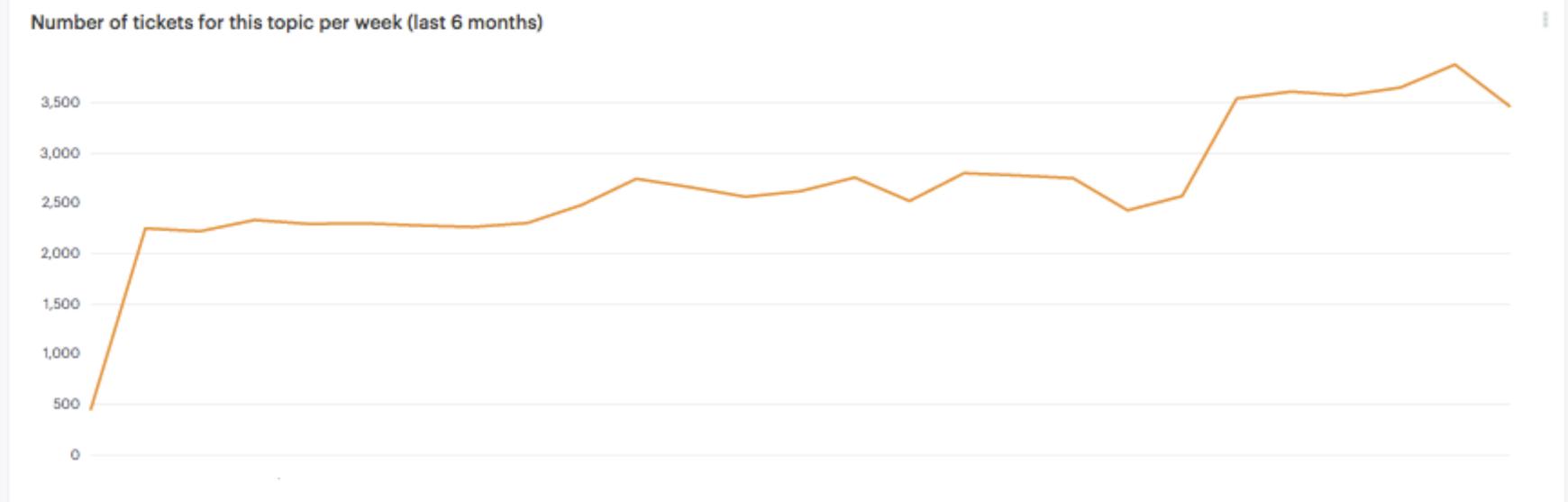




Support Tickets Analysis

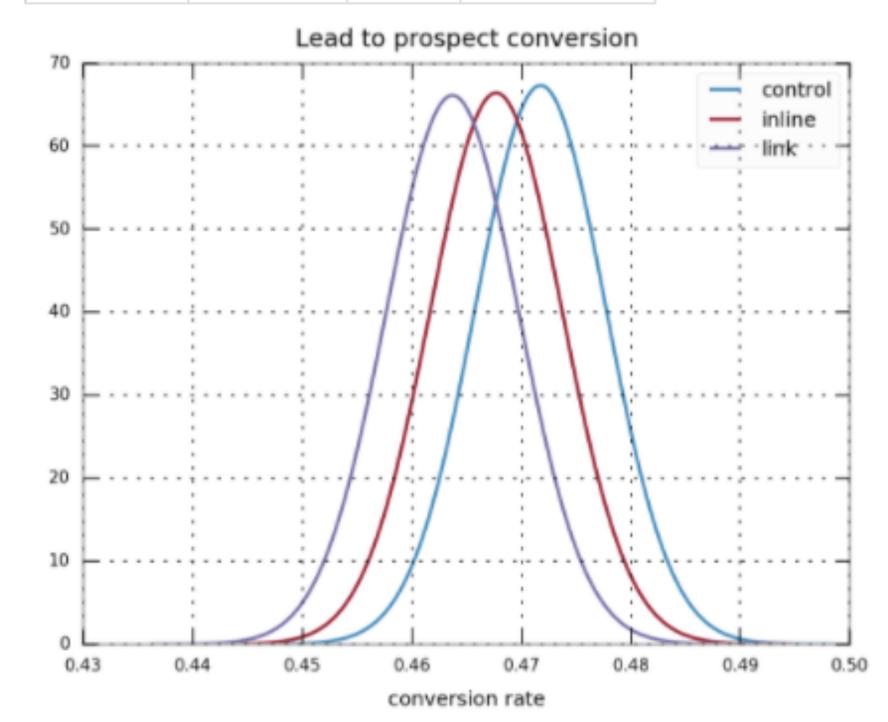
Number of support tickets for a chosen topic and period, with comparisons to an equal previous period, normalization by total number of customers, and as percentage of total support tickets.

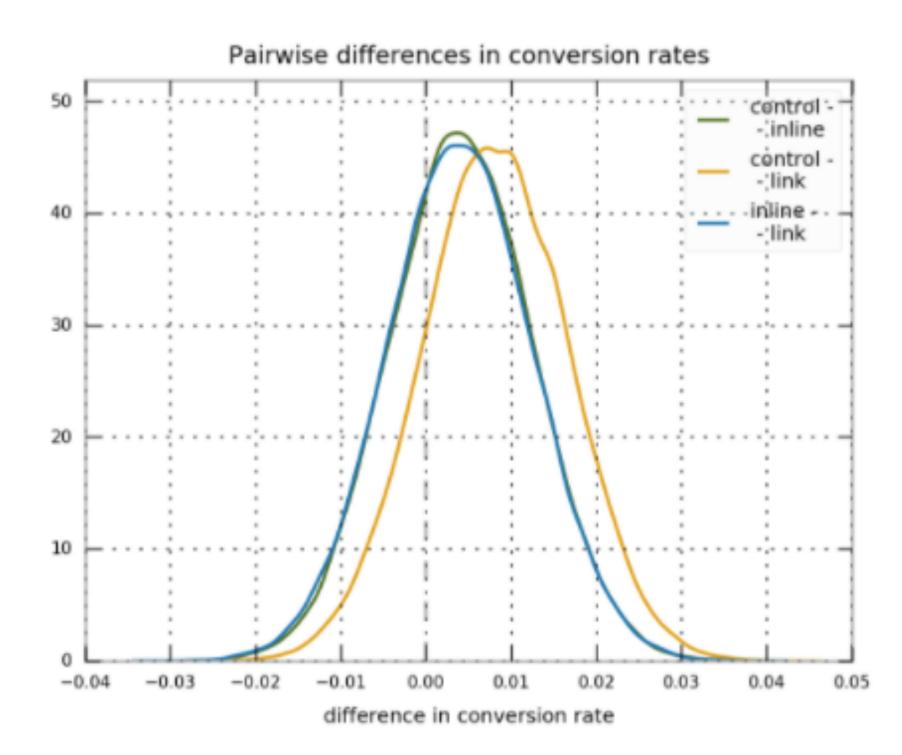




Comparison	Confidence	Rel. Increase
control converts higher than inline	69%	
control converts higher than link	83%	
inline converts higher than link	68%	

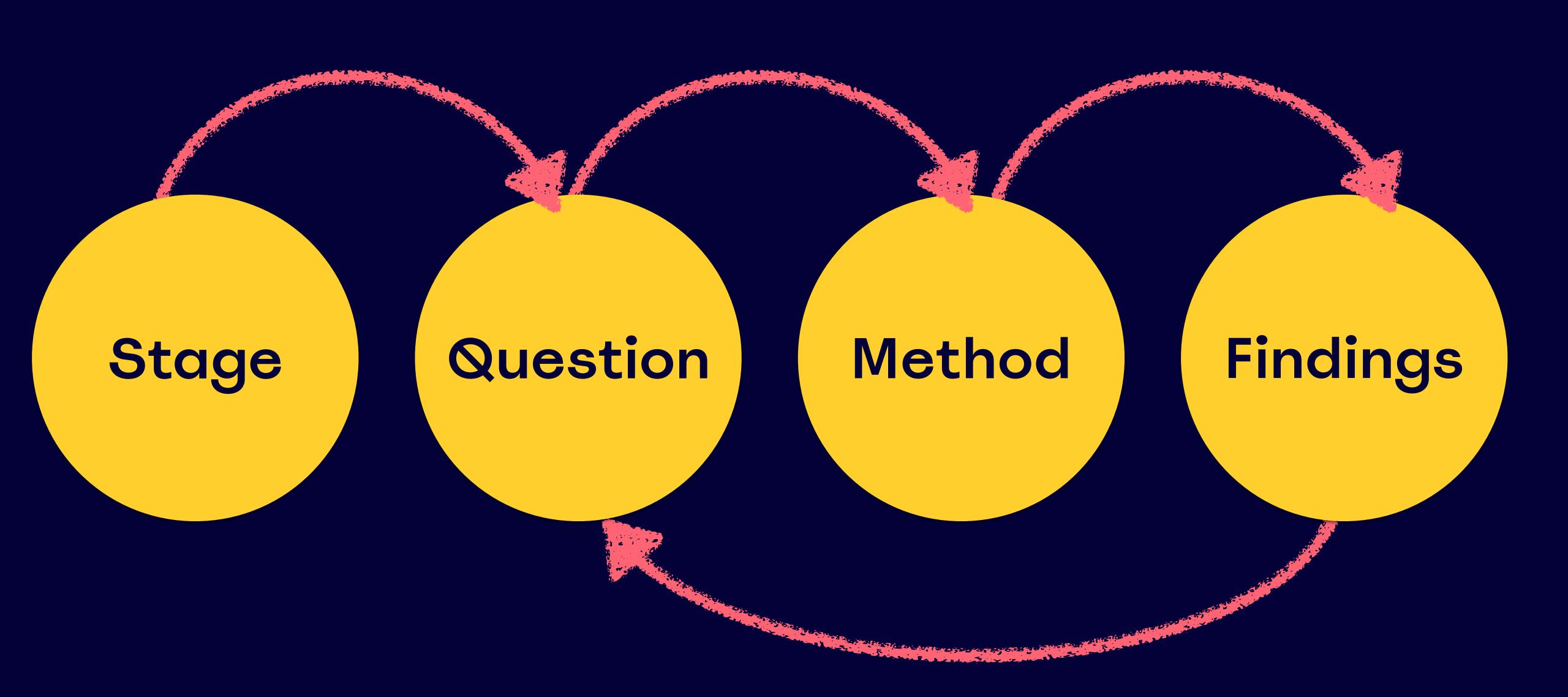
Group	Conversion	Total	Observed rate
control	3,347	7,095	47.17%
inline	3,227	6,900	46.77%
link	3,167	6,830	46.37%





So how do we choose the right method?





Question #2

When do quantitative data and qualitative UX research best complement each other?

- A. During the early stages of a project
- B. During the later stages of project
- C. Both

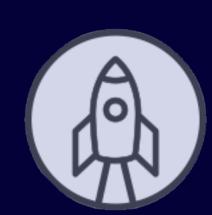
Product Lifecycle













Product Lifecycle



Idea

Gather initial thoughts on problem and impact of solving it



Think

Become experts of the problem domain, both internally and externally



Explore

Plan how the problem will be solved, explore and evaluate various solutions



Build

Iteratively build and ship small, quality components of the solution



Launch

Publicly release the solution to users



Tweak

Iterate on the solution based on user feedback and usage

Idea

Questions:

- Who are our audiences and what behaviours, unmet needs and challenges do they exhibit?
- · What is happening today/has historically happened in this space?













Idea

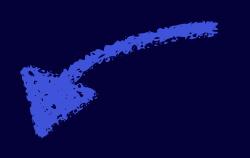
Qualitative:

- · Look at existing research (internal and external), identify gaps/assumptions/ hypotheses
- · Conduct additional interviews, observations, diary studies

- · Look at existing research (internal and external), identify gaps/assumptions/ hypotheses
- · Conduct additional data and trend analysis

Think

Questions:



- What are the most impactful problems to focus on?
- · What are the root causes and consequences of those problems?
- · What will be meaningful to measure today and down the the line?









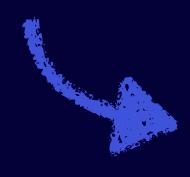




Think

Qualitative:

· Conduct more interviews, observations, and diary studies Quantitative:



- Conduct surveys to identify segments and measure total addressable markets
- Conduct data analysis to measure existing impact/reach of problems
- Define success metrics

Explore

Questions:















Explore

Qualitative:

Conduct concept/paper prototype/lo-fi
prototype/clickable mockup testing

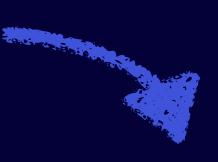
- Measure baselines for success metrics
- Conduct experiments (incl. A/B tests)



Build

Questions:

- · Can people use what we're building?
- To what extent is it addressing the issues posed by the problem we're trying to solve?













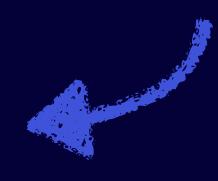


Build

Qualitative:

- · Conduct high-fidelity usability tests
- · Conduct diary studies and beta tests

- · Conduct experiments (incl. A/B tests)
- Build out instrumentation and dashboards



Launch

Questions:

- Are people using our solution the way we thought they would?
- · To what extent did we succeed in solving the problem we initially defined?











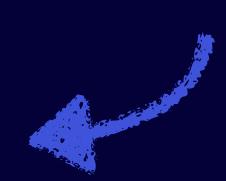


Launch

Qualitative:

- · Monitor support tickets/forums/social media
- · Gather feedback from in-context forms

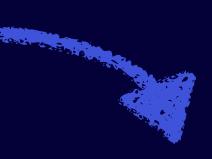
- Populate dashboards
- Monitor success metrics



Tweak

Questions:

 What incremental improvements or revisions to our roadmap might be most impactful to our users?













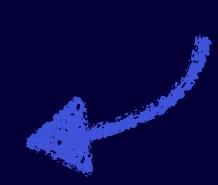


Tweak

Qualitative:

- · Participate in retrospectives/post-mortems
- Continue monitor support tickets/forums/social media

- Conduct A/B tests
- Continue monitoring success metrics



How questions change over time

Are we building the right thing?

Are we building the thing right?





How do we decide about qualitative vs. quantitative?





"Triangulation allows us to have greater confidence and richer insights than is possible to achieve through a single method alone. We aspire to form a comprehensive narrative of what we know about the current and future users of our products rather than methodologically siloed insights."

Sara Belt, Spotify

"Value to the user is qualitative. Value to the business is quantitative. In order to make holistic decisions, you have to create a representation that makes that translation."

Erika Hall, Mule Design



"Integrating big data and thick data provides organizations a more complete context of any given situation. For businesses to form a complete picture, they need both big and thick data because each of them produce different types of insights at varying scales and depths."



When you combines statistical trends with stories and personal experiences, the collective strengths of both provides a better understanding of the research problem than either forms of data alone.



We call this mixed methods research



"An approach to research in the social, behavioural, and health sciences in which the investigator gathers both quantitative (close-ended) and qualitative (openended) data, integrates the two, and then draws interpretations based on the combined strengths of both sets of data to understand research problems."

John Creswell, University of Michigan



Strengths

Weaknesses

Provides detailed perspectives
Captures the voices of the participants
Captures complex phenomena
Adapts to context
Is largely participant-driven
Appeals to people's enjoyment of stories

Is time-intensive when it comes to data collection and analysis
Studies few people
Has limited generalizability
Loses scale
Is subject to the researcher's biases

Is relatively efficient when it comes to data collection and analysis

Draws conclusions for large numbers of people

Investigates relationships within data

Appeals to people's preference for numbers

Does not record the words of the participants
Is impersonal
Provides limited understanding of the context of participants
Loses resolution
Is largely researcher-driven

Three mixed methods designs

1

Convergent design

2

Explanatory sequential design

3

Exploratory sequential design

Convergent design



Study large numbers of people



Captured detailed perspectives and complex phenomena



Explanatory sequential design

Discover patterns for large numbers of people

Enrich them with details and context







Exploratory sequential design

Capture the stories of few

Draw conclusions for large samples







IMPORTANT DISCLAIMER:

Very few people are equally skilled at both qualitative and quantitative. The real power lays in understanding enough about both types of methods, and their respective strengths and weaknesses, to be able to have informed conversations and forge collaborations.

Now that we've covered the theory, let's focus on one foundational technique...

The user interview.



On interviews...

Pros

- You get to really deep-dive into a topic with participants
- They can evolve as you learn
- A good interview can be very engaging for your participants
- You can learn and share stories
- Sharing audio or video snippets can be really powerful

Cons

- They are time-consuming to recruit for
- They are time-consuming to conduct
- They are time-consuming to analyze
- You can only speak to small sample set

Conduct interviews when you want to deep-dive into a topic with participants, and/ or aren't sure yet what the full set of questions to ask might be.



Interviewing task

Interviewing isn't natural

- It goes against how we've been trained to behave socially
- It requires us to set our personalities aside
- It means we actually have to listen to other people
- But there are certain skills that can help us do all this



During an interview

- Ask open question
- Ask non-leading questions
- Remain neutral
- Embrace silence
- Probe appropriately



Open questions

Don't...

... ask questions that encourage one-word answers:

- 'Do you do this OR that?'
- 'Is this important to you?'

Do...

...encourage participants to tell 'stories'

- 'Tell me about the last time you...'
- 'What do you think about...'

Non-leading questions

Don't...

- ... put words in their mouths:
- 'How annoying do you find this thing?'
- 'As a do you think it's easy to use?'

Do...

...allow them to reflect their experience in their own words:

- 'Tell me your thoughts on...'
- 'How have you found doing
 [this thing]?

Remaining neutral

Don't...

...agree too much:

- 'Yes that's great'
- 'Well done'

Do...

show with your eyes that you understand and keep conversation-encouragers simple:

- 'Mm hmm'
- 'Okay'
- 'Fair enough'



Embracing silence

Don't...

...worry about filling in gaps:

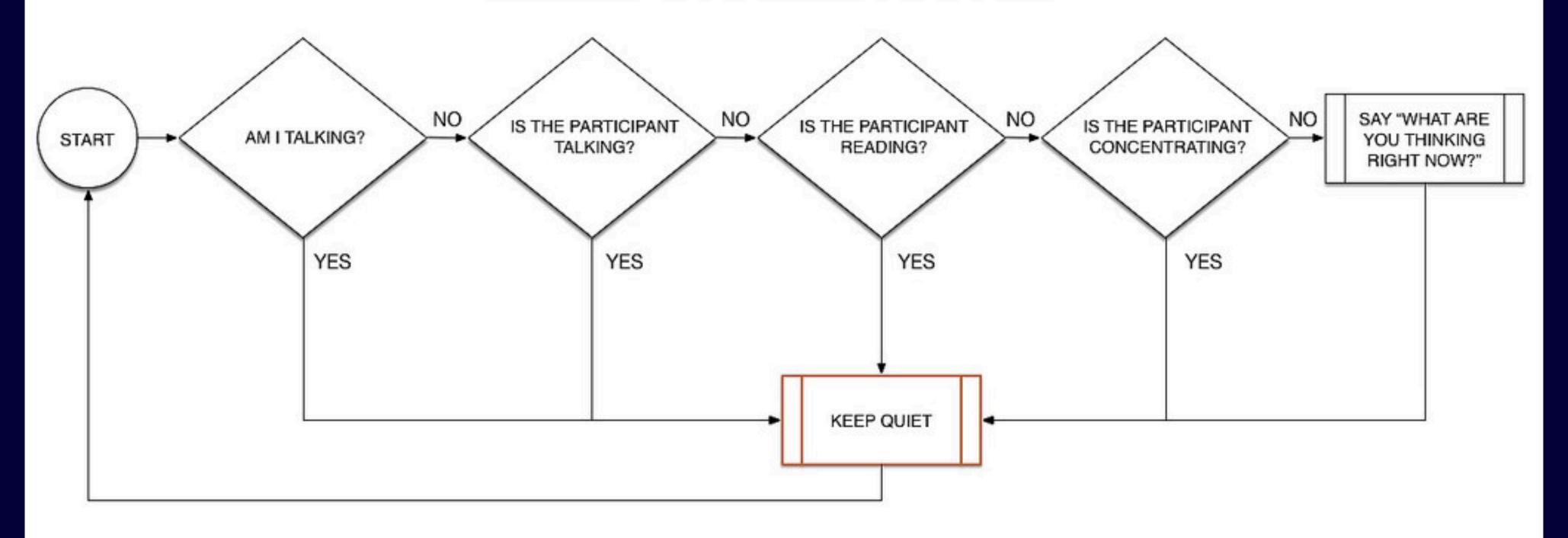
- If you doubt yourself or your question
- If your participant pauses

Do...

...generally shut up:

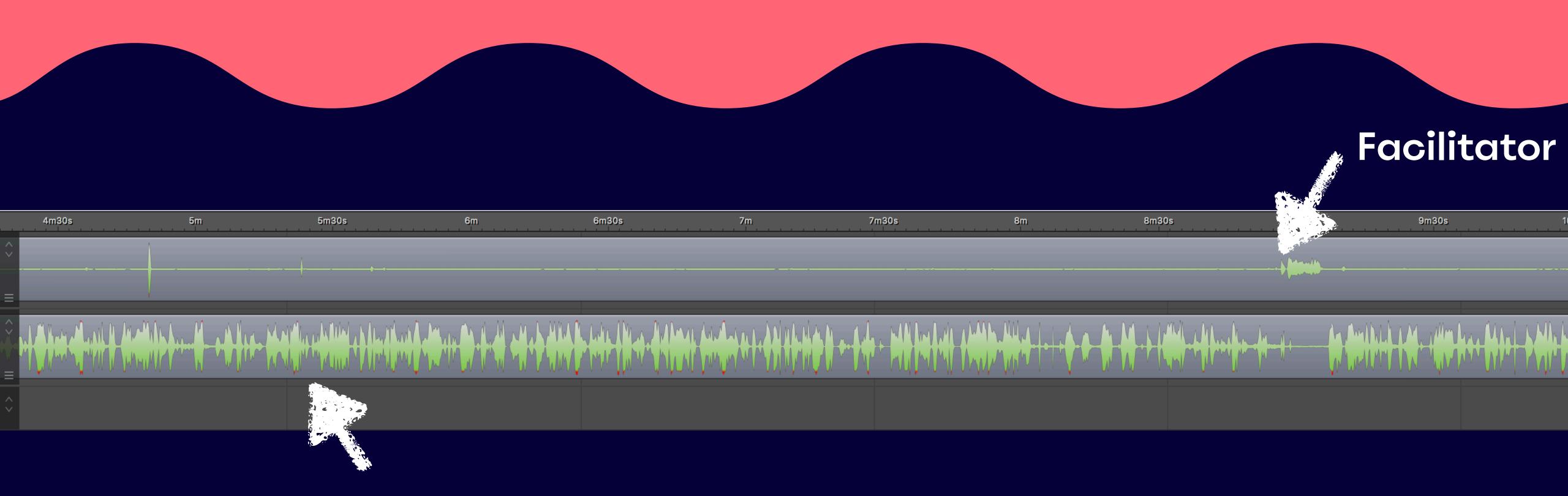
- After you're done asking a question
- After they're done responding

THE USABILITY TEST MODERATOR'S FLOWCHART



@userfocus

What a session should look like



Participant

Actions speak louder than words: what participants say and do aren't always the same. So try to shut up, listen, and observe.

Probing appropriately Don't...

...interrogate people:

- 'Do you actually mean that?'
- 'Are you sure?'

Do...

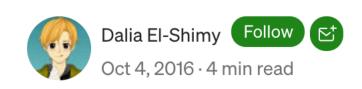
...play dumb:

- 'Can you tell me a little more about that?'
- 'What do you mean by...?'
- 'Why's that?'

Playing dumb...

... really works to your advantage. It gives room for your participant to be the expert.

The privilege of asking questions





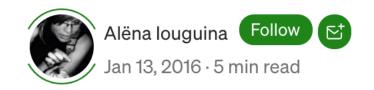
https://ux.shopify.com/the-privilege-of-asking-questions-9870c7ba9810

Fun fact

Why do bad interviewing techniques seem so familiar?



Making a Murderer: Lessons for UX Research





https://ux.shopify.com/making-a-murderer-lessons-for-ux-research-fb1ade501c26

So rare



"The questions suggest the answers."



"The case worker tainted the interview."

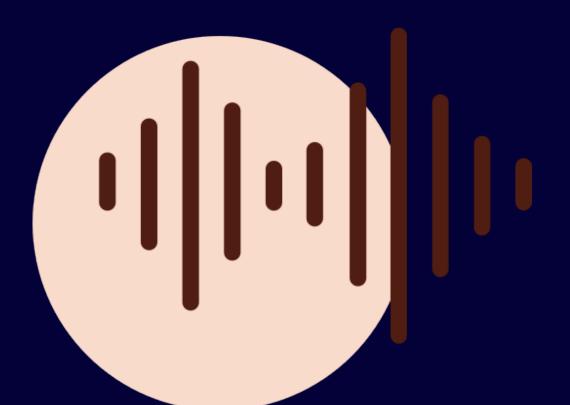
Transcript task

A few insider techniques

Boomerang



Echo



Columbo



Boomerang

Think like a politician! Try to avoid helping participants, or giving them the answer. If they ask you a question, just turn it back on them in a non-threatening way.

- Participant: 'Do I have to register to use Miro?'
- Facilitator: 'What do you think?' or 'What would you do if I wasn't here?

This prevents you from leading the user by directly answering their question, without having to ignore it.

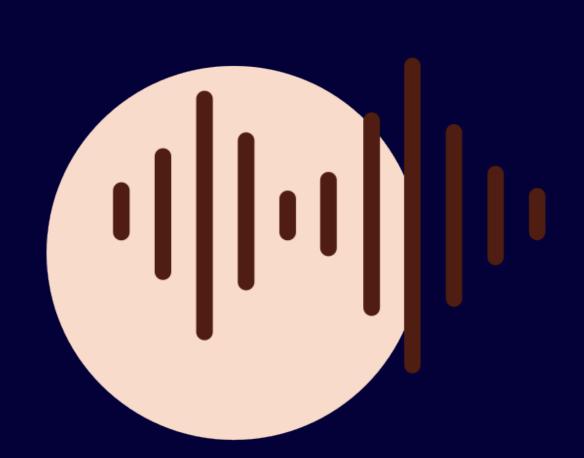


Echo

If the participant sounds unsure or confused, try repeating the last thing they said in a slightly interrogatory tone.

- Participant: 'This is not what I use Miro for.'
- Facilitator: 'Not what you use Miro for??'

This allows you to encourage the user to say more without judgement or suggestions.



Columbo

This is about playing dumb, just like Columbo used to do during his investigations, and hoping the user will help you out. You can do this by asking the participant partial questions.

- Participant: 'Do I have to have a Miro account to collaborate with someone on a board?'
- Facilitator: 'So you're wondering if...'

This allows you to ask users questions on the fly when you can't think of a non-leading way of doing it.



Remember the tips!

- Ask open question
- Ask non-leading questions
- Remain neutral
- Embrace silence
- Probe appropriately



Never ask

- 'Would you use this?'
- 'How would you design it differently?'
- 'What features do you think are missing?'
- 'What would you want?'

Participants help us understand their behaviours and challenges. We then design solutions accordingly.

And don't forget to think about your tech setup

- How are you going to record the interview? (audio/video/notetaker)
- Are you doing this in person or remote?
- Should other people from your team be able to sit in on the interview?





Thank you!

dalia@miro.com